



A Rational Approach to Drugs

503-233-4202  
 clinic@mamas.org

**CLASSES**  
 For **OMMP Cardholders**  
**ONLY**

**\$25**  
**RESERVATIONS**  
**REQUIRED**

**"Harm Reduction Techniques"**

Overview of the various techniques of using medicinal cannabis.  
 Mon - 4 PM  
 May 12th

**"Joy of Life" (Making Cuttings)"**

Get your fingers in the dirt and learn to make your own healthy rooted clones. Organic, dirt.  
 Wed - 4:20 PM  
 May 7th, 14th & 28th

**"Chocolate Making"**

Learn how to make perfect, melt-in-your-mouth, chocolate truffles, taught by a professional chocolate maker. This class is a favorite and fills up fast  
 Tue - 4:20 PM  
 May 30th

**"Preparations"**

Learn about making glycerin and alcohol tincture, butter and oil; expand your medicinal uses.  
 Thurs - 4:20 PM  
 May 29th

**"Concentrations"**

Various methods of gleaning medicine from waste, using water, ice and more.  
 Tues - 4:20 PM  
 May 6th

# May 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Bend Pot Luck Family Friendly	2	3
4	5	6 ** Class Concen- trations	7 ** Class Joy of Life	8	9 Celebrate MAMA Open House	10
11 Mother's Day	12 ** Class Harm Reduction	13	14 ** Class Joy of Life	15	16 Speaker of the Month- Santee Burbank	17
18	19	20 Stan's Helping Hand	21	22 ** Class Cannabis Prepara- tions	23	24
25	26	27 Governors Council Alcohol & Drugs Salem	28 ** Class Joy of Life	29	30 ** Class Chocolate Making	31

## Schedule of Events

- **Thurs. May 1st** - Join us in **Bend** for a **get acquainted pot luck**. We'll be at the **Bend Community Center, 1036 NE 5th St** from **4:20 to 7:30 PM**.  
 This is a family event and MAMA will provide beverages.
- **Fri. May 9th** - **MAMA Open House, 5217 SE 28th Ave. PDX 4:20 to 7 PM**
- **Fri. May 16th** - Speaker **Santee Burbank**, Executive Director of MAMA  
**Portland Community College - 2305 SE 82nd Avenue**  
**Tabor Hall - Rooms 143/144 - 6 PM**  
 Santee will give a PowerPoint presentation, **"Through the Eyes of a Child"**.  
 Our world is filled with readily available drugs of many sorts. Children need to see that you approach all drug use as a serious decision that requires careful consideration. This will go far to prepare your children for the many choices facing them regarding drugs, because your child will eventually decide if, and how, he or she will use a drug. Santee will lead discussion about how to teach your children good habits by educating yourself and modeling the behavior you wish for them.
- **Sat. May 17th** - **MAMA Bike Safety Day** \* see inside for details
- **Tues. May 20th - 4 to 6 pm** - **Stan's Helping Hand** - Stan Chennault shares his years of personal experience to help others file and pursue Social Security and VA benefits. He will be available at MAMA's Office to help you at **NO CHARGE**.
- **Tues. May 27th** **Governor's Council on Alcohol and Drug Abuse Programs**  
**Human Services Building Room 160 Salem, OR**

Advisory Committee on Medical Marijuana (ACMM) meeting in **Bend on June 13th**.

## May is National Bike Month

To celebrate, MAMA is hosting a **free\***  
**Bicycle Safety Inspection and  
Helmet Fitting and Giveaway**

Saturday, May 17<sup>th</sup>  
from 11 AM – 3PM  
at the MAMA Office  
on 5217 SE 28<sup>th</sup> Avenue

Sponsored by the Washington County  
Bicycle Transportation Coalition  
(WashCo BTC).

Bring your bike for a thorough AAA  
approved safety inspection and adjustments  
as needed. Although we may not make  
repairs, we will point out the things you can  
do to make your bicycle equipment perform  
well and carry you safely as you travel.

We will also properly fit CPSC approved  
new Bell Helmets for free\* to anyone who  
attends. We also include a Medical Carrier  
Information System® that will provide vital  
information to emergency personnel should  
you become the victim of a crash or fall from  
your bike.

- Suggested donations of \$5 for the in-  
spection and \$15 for the helmets and  
MICS® are requested, but not required.  
All proceeds go to the MAMA Clinic.

Hal Ballard, acting Executive Director  
Chair, WashCo BTC  
<http://washcobtc.org>  
503.516.6733

*I ride my bicycle to ride my bicycle.” –Zen proverb*

# M

**AMA wants to know**

Would you prefer to  
view your newsletter  
on the web, with an email notice  
when available, or if you would  
rather have it mailed?

Also, are there classes that you'd  
like to see offered by MAMA, for  
OMMP cardholders or the entire  
family?

Send your response to:  
[clinic@mamas.org](mailto:clinic@mamas.org) .  
or write:

MAMA 5217 SE 28th Avenue  
Portland, OR 97202



# May 2008

# MAMA

# Newsletter

**Mothers Against  
Misuse and Abuse  
5217 SE 28th Avenue  
Portland, OR 97202**

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