

MAMA's Goals

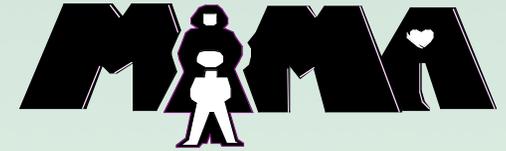
MAMA's approach is based on personal responsibility and informed decision making, with respect for human dignity. Our goals are to:

- ~ Provide current, scientific drug education to people of all ages and walks of life.
- ~ Offer social and recreational alternatives to drug use
- ~ Promote better communication among policy makers, educators, law enforcement personnel, service providers, parents, youth and seniors.
- ~ Question the techniques of advertising all drugs and the resulting effects on the entire population.

Over the last fifty years, the number of available drugs has increased tremendously. The pharmaceutical industry is enormous, highly profit motivated, and uses sophisticated advertising techniques to create a market for their products. The use of these drugs is glamorized, with little effort made to warn people of negative side effects.



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MOTHER'S AGAINST MISUSE AND ABUSE

*A Rational
Approach...*

*...To the Issues of
Drug Use, Misuse,
and Abuse*

5217 SE 28th Ave
Portland, OR 97202
(503)233-4202

www.mamas.org



MAMA is a non-profit organization that was founded in 1982 to provide a holistic approach to the many aspects of substance use and abuse. MAMA felt that the focus on illegal drugs as the "bad" drugs gave the false impression that legal drugs were safe and "good." Research has shown that in today's society there are high levels of alcohol abuse and great harm caused by excessive consumption of nicotine and over-the-counter drugs.

MAMA has faith that most people will not intentionally cause themselves harm. Most people will act wisely if they are taught how to make good decisions and provided with accurate information. We must teach everyone, and our youth especially, the skills they need to create satisfying lives, without resorting to substance abuse.

MAMA believes we need to:

- ~ Teach communication and decision-making skills.
- ~ Teach parents how to model the behavior they would like to see their children follow.
- ~ Teach basic drug consumer safety and provide complete and accurate information about all drugs.
- ~ Teach people how to implement affordable, fun activities.
- ~ Provide anonymous referral for help regarding drug-related problems.
- ~ Provide requested treatment for use of all drugs.
- ~ Advocate programs that teach people social skills they need to find satisfaction in life.

MAMA Slide Presentation:

Think Smart About Drugs

MAMA provides a different approach aimed at reducing the harm from all drugs. Appropriate for youngsters in grades 4 and up.

Drug Consumer Safety

An introduction to MAMA and our program based on personal responsibility and informed decision making.

Using Alcohol Responsibly

Described by law enforcement officers and drug educators as an "excellent tool to teach about the issues of alcohol."

Introduction to the Oregon Medical Marijuana Program

An overview of the OMMP and how it works. Includes tips on harm reduction and a short political history.

Making Change with Little Change

A comprehensive training designed to give direction to people who have limited funding but want to take a more proactive role in their own lives.

Through the Eyes of a Child

As a parent your behavior will determine, more than any other factor, how your child will approach the use of drugs. This presentation will give helpful tips about the messages you send.

Drugs as an Environmental Danger

Chemicals in many forms are permeating our soil and water. What can we do to prevent this?

Drugs and Seniors

Due to drug technology, seniors are living longer and more comfortably, but they need to use caution to prevent problems.



MAMA Membership

MAMA has a membership program available to those interested in supporting our efforts. Membership funds will help us to produce regular newsletters and expand our voice for educating about drug policy issues. We need your help. Join today and help us meet our goal of having MAMA members in all 50 states.

Basic Membership: \$25

Receive MAMA's newsletter and special mailings.

Supporting Membership: \$50

Receive MAMA's newsletter and special mailings.

Sustaining Membership: \$120

Receive a t-shirt, MAMA's newsletter, and special mailings

Benefactor Membership: \$500

Receive a t-shirt, MAMA's newsletter, and special mailings.

Be a Card-Carrying MAMA!

Name: _____
Address: _____

Phone: _____
E-mail: _____
Benefactor \$500 _____
Sustaining \$120 _____
Supporting \$50 _____
Basic \$25 _____
Other _____



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